October 2023

## Penn CAB Newsletter

### CAB Meeting November 2nd: 3:30 PM EST

This is a reminder that we will have our monthly CAB meeting this Thursday, November 2nd at 3:30 PM EST. We will present our research on Descriptive Traits in rural populations and study results from three papers. We looking forward to seeing you there!



Volume 31

### Click Here to RSVP!



# How the creator of 'Maus' became a warrior agaisnt book challenges.

"Schools are the major socializing agent of the country," Art Spiegelman said pointedly one recent evening across the river from Washington — which is why he's so concerned about how they've become battlegrounds over books. Click Here to Read!

### How do I pay for college?

There are few challenges facing students more daunting than applying and paying for college. The New York Times has been collecting reader questions on the topic and has started answering them here.

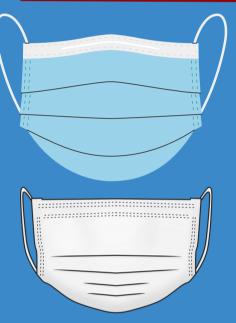
#### Click Here to Read!

### When someone you love is upset, ask this one question.

"What do you do when a kid is emotionally overwhelmed?" I asked. Many teachers at her school, she told me, ask students a simple question: Do you want to be helped, heard or hugged? The choice gives children a sense of control, which is important when they're following school rules all day, Heather said. "And all kids handle their emotions differently," she explained.



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## The pandemic changed us in so many ways. Here are just a few.

How has the pandemic changed your life? That's the question we asked readers of Post Pandemic, a series of Opinions essays that ran over the course of the summer and saw contributors writing on topics including dating, dancing, drinking, hugging, introversion vs. extroversion and living with the effects of <u>long covid</u>.

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# Compare your life expectancy with others around the world.

It is a paradox that confounds the world: The United States is among the wealthiest nations in history, and yet its citizens die earlier than those in some poorer nations.

It wasn't always this way. In 1980, the United States was in the middle of the pack of wealthy nations, according to a detailed analysis of more than 40 years of life expectancy data by The Washington Post.



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## **Editors: Marta Durantini and Chris Quasti**