

**CAB's
Intervention Design Taskforce**

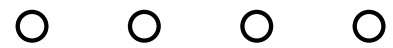
SESSION 2

APRIL 6, 2022

12:00 PM (ET)

CAB'S INTERVENTION DESIGN TASKFORCE

TODAY'S AGENDA



- 1 Introductions and Updates
- 2 Review of Last Session
- 3 **Group Activity:**
Outlining Session Goals and Curriculum
Skeleton for Workshop 1
- 4 Review of Group Activity
- 5 Discussion/Conclusion

INTRODUCTIONS

1

Who are you? Name/Job title?
Professional background...etc.

2

What county do you work in or with?

3

Do you have any other personal connections or thoughts
about the project? Any updates since last meeting?



DIVERSITY CONSIDERATIONS

- 1 Who is not here?
- 2 Do you have any suggestions or referrals for additional members?
- 3 How do we accurately represent our communities' needs?



DYNAMIC OF OUR WORKFLOW



- 1 Bi-Weekly Meetings
- 2 Tasks Assigned in Between Sessions
- 3 Google Sheets Surveys and Responses
- 4 CAB Website Forum
- 5 Asynchronous Communication

GOALS OF INTERVENTION

FOR NON-DRUG USING COMMUNITY MEMBERS



IDENTIFY MENTAL HEALTH AND OTHER COMMUNAL ISSUES



INCREASE KNOWLEDGE OF ADDICTION AND SCIENCE-BASED INTERVENTIONS, AND EMPOWERMENT TO ACT PROACTIVELY



INCREASE INTERGROUP COMPASSION



DECREASE STIGMA RELATED TO HARM REDUCTION AND SUBSTANCE USE DISORDERS



ADDRESS OTHER COMMUNITY HEALTH PROBLEMS



FOR PEOPLE WHO INJECT DRUGS (PWID)



INCREASE SUPPORT-SEEKING FOR SELF AND AIDING OTHERS WITH MENTAL HEALTH AND SUBSTANCE USE ISSUES



DECREASE REPORTS OF SELF-STIGMA



REDUCE HARMS BY PREVENTING INFECTIOUS DISEASE AND DRUG OVERDOSES



DECREASE SUBSTANCE USE



INCREASE TIES AND CONTRIBUTIONS TO COMMUNITY AND COMMUNITY WELLBEING



ADDRESS OTHER COMMUNITY HEALTH PROBLEMS

PROPOSED SERIES OF INTERVENTION WORKSHOPS

● ● ● WORKSHOP 1

Building Community

(Respectful open communication, offering/asking for support, assertiveness)

● ● ● WORKSHOP 2

Community Health

(General health issues, community-specific health concerns)

● ● ● WORKSHOP 3

Addictions & Mental Health

(Mental health and its stigmas, addiction and its stigmas)

● ● ● WORKSHOP 4

Substance Use Services

(Harm reduction, stigma of services, different substance use services)

● ● ● WORKSHOP 5

Substance Use Treatment

(Overview of substance use treatment, modes of recovery...etc.)

● ● ● WORKSHOP 6

Overdose Prevention

(Communal and individual responses to overdose, preventing overdose)

● ● ● WORKSHOP 7

Infectious Disease

Prevention

(Preventing HIV and HCV communally/individually)

● ● ● WORKSHOP 8

HIV/HCV Services

(Specific services for identification and treatment of HIV/HCV)

● ● ● WORKSHOP 9

Families and Children

(ACEs, connecting families to services, the family as a factor in health)

● ● ● WORKSHOP 10

Advancing Community Health

(Becoming proactive partners in promoting community wellbeing)

COMMUNITY NEEDS



WORKSHOP 1

Building Community

(Respectful open communication, offering/asking for support, assertiveness)

- Building community partnerships through collaboration, inter-agency projects, cross-sector collaboration to address emerging needs in real time
- Getting all the players on the same page
- Community investment and partnerships to address emerging, localized needs
- Having the right people at the table so we can implement change and policies
- Open communication around health issues, early education on these topics, especially related to alcohol and drug issues
- Follow-up on community needs assessments, understanding goals and how to know if issues have been addressed
- Communication needed to build community-based models to address specific health concerns through dialogic processes. Re-building systems where respectful discourse can take place
- Addressing issues of stigma and social isolation

Question: What other needs are there?

WORKSHOP 1

EXAMPLE

- 1 What is the goal?
- 2 What are the techniques to be used and information to be taught?
- 3 What are the intended effects?



Goal: Building Community

Techniques taught in the workshop: Introducing oneself, listening to others, giving support, reducing distance by finding common ground based on similarities (age, location, school, hobbies).

Key technique: Self-Disclosure ((disclosure of small secrets progressively on paper, then to a friend, then a member of the group, then to the whole group, then to one's family).

Intended effects: Increasing help-seeking behavior, which is a pre-requisite for initiating a life change (promoting help-seeking for small things, like asking for information, asking for company to run an errand, borrowing a book, inviting people to coffee or lunch).

GROUP ACTIVITY: CREATING A WORKSHOP SYLLABUS

WORKSHOP 1: BUILDING COMMUNITY

- What would be the learning objectives for community members in this workshop?
- What would be the learning objectives for PWUD (people who use drugs)?
- What information will be given?
- How would the information be given?
- Who would lead these workshops?
- What would be your ideal outcome for your community's members?



1. Spend ~10 minutes building out a syllabus for an hour-long workshop with your group
2. Come back to main meeting
3. Present ideas on workshop your group worked on

SYLLABUS PROPOSALS

- 1 What are the materials you propose to include?
- 2 What are the learning objectives you outlined?
- 3 Any other thoughts/ideas?

We can discuss now and also feel free to answer via email after the meeting with additional thoughts and considerations.



COMMUNITY NEEDS



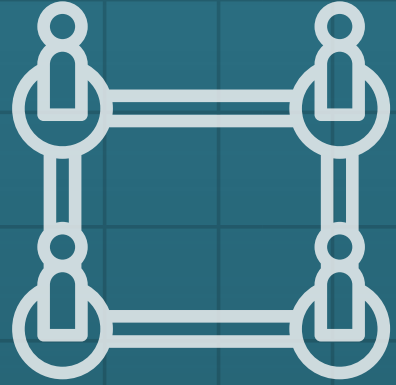
WORKSHOP 2

Community Health
(General health issues,
community-specific
health concerns)

- Issues of access - access to care, access to doctors, access to transportation, affordable housing
- Understanding poverty, mental health, substance abuse...etc. The role of poverty leading to these issues and increasing vulnerability
- Methamphetamine and overdose deaths
- Vaccination rates and harm reduction methodologies
- Syringe-access programs and their underutilization - increasing utilization of these services

- Stigma towards individuals and children/families of those suffering from mental illness
- Behavioral/mental health, suicide as a major issue in our area whose rate continues to increase
- Environmental and social factors that contribute to public health, education on decision-making and health
- Lack of mental health services

Question: What other needs are there?



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**QUESTIONS?
COMMENTS?**



NEXT MEETING: WEDNESDAY APRIL 20